

College Studies (COLS)

Courses

COLS 100 Effective Academic Practices

Credits: 2

Term: (F, S)

The course is designed to help student define their purpose in pursuing a college education; identify a career path for themselves; recognize the need to take a holistic approach to their learning; develop practical academic skills such as test taking; note taking, and managing their time; set short- and long-term academic and career goals; understand and use their own learning preferences; and identify and use college resources to improve their learning and success.